

TEN WAYS TO HELP THE ENVIRONMENT

USING LED BULBS INSTEAD OF INCANDESCENT ONES



They consume 60% less energy and do not cancel but reduce drastically the emissions of carbon dioxide into the atmosphere.

RÉDUIRE LA CONSOMMATION DE VIANDE ET DE POISSON

Intensive farming has a very strong impact on the environment. A varied diet, consisting fruit, vegetables and vegetable proteins is good for the body and for the Earth.



COMPRAR MUEBLES DE MADERA CERTIFICADA

Environmental sustainability also passes through furniture. Furnish the house with certified wooden furniture.



OPTIMIZE HEATING

Avoid keeping your home heated-at a temperature above 19 °. Open the windows to improve energy efficiency.



CHOISISSEZ DES COSMÉTIQUE ET DES DÉTERGENTS ÉCOLOGIQUES

Naturales para ti
Cuida de ti y del planeta



Another concrete help comes from the choice of products for cleaning the body and the house,eco-bio detergents and cosmetics.

PORTANDO RIFIUTI SPECIALI NEI CENTRI DI RACCOLTA

And not in normal bins. As batteries, tablets, phones and computers.



WASSERVERBRAUCH REDUZIEREN

Do not let the tap water run unless strictly necessary, always use the washing machine and dishwasher with a full load.



BENUTZE DAS AUTO WENIGER

Keep your work area neat and tidy at all times. Store bags, purses and books in appropriate areas and keep the aisles clear.



COMPRAS INTELIGENTES

Use canvas bags for daily shopping and, when possible, use detergents on tap and loose products.



REDUCE WASTE

If you reuse more things, there will be less waste, and also you will save money.

